



# FEDERACION NACIONAL DE LEVANTAMIENTO DE POTENCIA

GUATEMALA C. A.



## CAMPEONATO NACIONAL NOVATOS 2018

3/03/2018

NOMBRE	EQUIPO	PESO	CATEGORIA	EDAD	SQUAT			BENCH PRESS			DEAD LIFT			TOTAL	WILKS PTS.
					SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3		
YANY ENRIQUEZ	ESCUINTLA	45.9	47	118	<del>195</del>	195	205	100	105	<del>110</del>	225	230	<del>235</del>	540	335.032
VANESA USEN	CHIMALTENANGO	46.95	47	17	195	225	<del>235</del>	<del>100</del>	<del>100</del>	<del>100</del>				0	0.000
INGRID ALVAREZ	ALTA VERAPAZ	46.75	47	22	<del>195</del>	<del>195</del>	<del>195</del>							0	0.000
ANA QUNILLO	ALTA VERAPAZ	51	52	18	<del>200</del>	<del>200</del>	<del>200</del>							0	0.000
GRISLEDA ECOMAC	CHIMALTENANGO	53.7	57	24	255	<del>275</del>	275	110	<del>115</del>		245	260	<del>275</del>	645	355.736
ALEJANDRA LAYNEZ	QUICHE	53.25	57	16	<del>205</del>	<del>205</del>	<del>205</del>							0	0.000
LESLY MACARIO	GUATEMALA	60.85	63	23	235	260	<del>280</del>	120	<del>130</del>	<del>135</del>	260	275	<del>285</del>	655	327.649
JESSICA LUX	QUICHE	62.1	63	19	235	<del>260</del>	<del>275</del>	115	<del>135</del>	135	240	265	<del>280</del>	635	312.747
LAURA VASQUEZ	HUEHUETENANGO	69.55	72	22	<del>275</del>	275	<del>280</del>	125	135		305	320	340	750	339.960
MISHEL ITZOL	CHIMALTENANGO	70.8	72	19	<del>255</del>	<del>255</del>	255	120	140	155	245	<del>265</del>	265	675	302.228
ETHIEL ZAPETA	CHIMALTENANGO	76.45	84	26	295	<del>315</del>	315	125	135	<del>145</del>	275	295	315	765	326.008
LUIS MUÑOZ	CHIMALTENANGO	52.2	53	23	275	<del>295</del>	295	185	<del>195</del>		315	355	370	850	376.805
MARCOS PALENCIA	SAN MARCOS	50.6	53	20	<del>275</del>	275	285	185	<del>190</del>	<del>195</del>	315	340	<del>365</del>	810	371.124
JUAN CARLOS RAMOS	QUICHE	51.55	53	23	<del>365</del>	<del>365</del>	<del>365</del>							0	0.000
MARCOS CALLEJAS	CHIMALTENANGO	57.55	59	17	295	315	<del>335</del>	<del>195</del>	195	<del>200</del>	<del>315</del>	335	380	890	357.962
EDGAR GONZALEZ	ESCUINTLA	58.75	59	20	315	325	335	205	210	<del>215</del>	315	335	345	890	351.059
EMILIO VELASQUEZ	QUICHE	55.8	59	22	<del>265</del>	<del>265</del>	265	<del>195</del>	<del>195</del>	<del>195</del>				0	0.000
NELSON TZAC	ALTA VERAPAZ	57.95	59	18	<del>305</del>	<del>305</del>	<del>305</del>							0	0.000



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					SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3		
LUDWIN SANCHEZ	ESCUINTLA	60.4	66	20	365	405	415	235	245	255	365	385	405	1075	413.353
WILMAR VALLECIOS	GUATEMALA	64.75	66	29	<del>365</del>	365	385	275	<del>285</del>	<del>285</del>	365	385	<del>410</del>	1045	378.164
ANGEL ARROYO	CHIMALTENANGO	59.8	66	21	355	<del>375</del>	375	205	<del>215</del>	215	405	<del>430</del>	445	1035	401.634
RICARDO LAYNEZ	QUICHE	60.05	66	17	355	375	<del>405</del>	210	<del>225</del>	<del>225</del>	405	435	<del>460</del>	1020	394.286
AXEL PEREZ	ALTA VERAPAZZ	64.6	66	23	340	345	<del>365</del>	255	265	285	340	<del>365</del>	365	995	360.747
ANTONIO CHAVAJAY	SOLOLA	64.75	66	23	<del>305</del>	315	365	<del>205</del>	<del>205</del>	205	320	365	380	950	343.786
BYRON SANCHEZ	HUEHUETENANGO	65.4	66	18	305	315	<del>320</del>	<del>205</del>	<del>205</del>	<del>205</del>				0	0.000
WALTER PINTO	SAN MARCOS	65.85	66	22	<del>305</del>	<del>305</del>	305	<del>205</del>	<del>205</del>	<del>205</del>				0	0.000
ESTUARDO MUÑOZ	CHIMALTENANGO	72.9	74	19	405	425	445	230	255	<del>260</del>	405	435	445	1145	377.633
RODRIGO RAMIREZ	GUATEMALA	71.45	74	29	365	385	405	275	<del>285</del>	<del>285</del>	385	405	425	1105	369.854
DAVID LOPEZ	ESCUINTLA	71.55	74	39	<del>405</del>	405	<del>455</del>	215	245	265	405	<del>455</del>	<del>455</del>	1075	359.422
MARVIN ROSA	GUATEMALA	70.05	74	22	325	365	385	215	<del>225</del>	225	365	415	435	1045	355.033
MARVIN LAM	SAN MARCOS	70	74	32	<del>350</del>	<del>365</del>	365	215	240	255	405	420	<del>430</del>	1040	353.523
CESAR GABRIEL	HUEHUETENANGO	72	74	27	315	345	<del>365</del>	215	235	245	330	395	405	995	331.140
JAIME CHOMO	ALTA VERPAZ	73.85	74	25	350	<del>385</del>	<del>385</del>	215	230	<del>265</del>	385	405	<del>420</del>	985	321.870
DIEGO VALERIO	SOLOLA	70.35	74	21	315	365	405	215	225	<del>260</del>	330	<del>405</del>		960	325.066
MANOLO MORALES	JALAPA	70.45	74	23	385	405	<del>425</del>	275	<del>300</del>	300	<del>455</del>	<del>455</del>	<del>455</del>	0	0.000
JULIO SICAN	SACATEPEQUEZ	72.7	74	25	<del>365</del>	<del>365</del>	<del>365</del>							0	0.000
ERNESTO ESPINOZA	QUICHE	71.1	74	23	<del>425</del>	<del>425</del>	<del>425</del>							0	0.000
MICHEL GONZALEZ	CHIMALTENANGO	82.2	83	30	<del>425</del>	425	445	<del>355</del>	355	375	405	425	445	1265	385.249
HUGO ACABAL	GUATEMALA	79.75	83	37	335	390	410	225	<del>245</del>	<del>245</del>	375	405	425	1060	328.924
MAGUIVER TUN	ALTA VERAPAZ	80.1	83	22	365	385	<del>405</del>	225	<del>240</del>	<del>240</del>	<del>365</del>	375	385	995	307.897
JORGE LOPEZ	JALAPA	74.7	83	34	325	<del>335</del>	340	225	<del>255</del>	255	340	<del>375</del>	385	980	317.658
OSCAR CALIZ	GUATEMALA	78.05	83	24	325	335	<del>345</del>	225	235	<del>245</del>	340	375	405	975	306.750
DIEGO SERVELLON	SACATEPEQUEZ	80.1	83	16	<del>335</del>	335	355	<del>225</del>	<del>225</del>	<del>225</del>				0	0.000



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					SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3		
RICARDO SIKAHALL	ALTA VERAPAZ	89.8	93	36	415	<del>430</del>	450	265	275	<del>290</del>	445	485	500	1225	355.120
JOSE RAMIREZ	CHIMALTENANGO	85.55	93	20	375	395	415	235	255	<del>270</del>	385	415	435	1105	328.753
LUIS RODAS	SAN MARCOS	83.8	93	28	325	<del>350</del>	350	<del>225</del>	<del>225</del>	<del>225</del>				0	0.000
MELVIN HERNANDEZ	GUATEMALA	96.4	105	33	<del>455</del>	500	<del>545</del>	325	<del>365</del>	365	405	455	475	1340	375.633
ABNER CHINCHILLA	JALAPA	102.2	105	29	405	<del>455</del>	455	315	350	<del>375</del>	405	<del>455</del>	<del>455</del>	1210	331.232
CRISTOPHER SAMAYOA	GUATEMALA	94.75	105	22	345	375	<del>405</del>	245	<del>260</del>	265	365	405	425	1065	300.863
CRISTIAN GOMEZ	ESCUINTLA	99.95	105	20	385	<del>405</del>	<del>445</del>	245	<del>255</del>	255	385	405	425	1065	294.051
JOAQUIN QUÑONEZ	HUEHUETENANGO	103.25	105	25	345	<del>405</del>	<del>475</del>	<del>245</del>	<del>245</del>	<del>245</del>				0	0.000
OSCAR ARGUETA	ALTA VERAPAZ	99.6	105	27	<del>345</del>	<del>345</del>	<del>345</del>							0	0.000
ROLDEMIRO LANCERIO	QUICHE	100.7	105	16	<del>405</del>	<del>405</del>	<del>405</del>							0	0.000
CARLOS FAJARDO	SOLOLA	101.15	105	26	<del>475</del>	<del>505</del>	<del>505</del>							0	0.000
ELIAS CABRERA	ESCUINTLA	144.45	120+	32										0	0.000