



# FEDERACION NACIONAL DE LEVANTAMIENTO DE POTENCIA

GUATEMALA C. A.



## JUEGOS REGION CENTRAL 2018

25/08/2018

NOMBRE	EQUIPO	PESO	CATEGORIA	EDAD	SQUAT			BENCH PRESS			DEAD LIFT			TOTAL	WILKS PTS.
					SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3		
KAREN MACHAN	ESCUINTLA	41.1	43	18	<del>185</del>	205	225	85	95	100	150	185	205	530	353.446
RUBY PACAY	ALTA VERAPAZ	39.8	43	19	130	140	<del>150</del>	65	70	80	155	170	180	400	271.759
FLOR LUCERO	JALAPA	38	43	19	<del>125</del>	<del>125</del>	<del>125</del>							0	0.000
YANY ENRIQUEZ	ESCUINTLA	45.25	47	18	185	205	225	95	<del>115</del>	115	185	205	<del>215</del>	545	341.521
ELIZABETH GOMEZ	ALTA VERAPAZ	47	47	18	155	165	170	65	75	80	165	175	<del>185</del>	425	259.268
EVA CALDERIN	GUATEMALA	51.9	52	18	275	290	<del>315</del>	135	145	<del>155</del>	275	285	295	730	413.411
LEILANY CAMPO	ESCUINTLA	50.2	52	16	185	205	225	85	95	100	185	225	235	560	325.342
GABRIELA SUB	ALTA VERAPAZ	51.6	52	17	<del>200</del>	200	205	85	90	95	185	210	230	530	301.494
MILEDY MENDEZ	JALAPA	52	52	14	125	150	175	70	80	85	160	175	<del>200</del>	435	245.973
YOSELIN VEGA	JALAPA	57	57	18	<del>135</del>	135	170	<del>75</del>	<del>75</del>	75	185	205	<del>225</del>	450	236.859
ZULEYDA GIL	ESCUINTLA	52.4	57	17	135	155	165	75	<del>80</del>		165	170	185	425	238.911
WENDY PANA	ALTA VERAPAZ	60.2	63	19	130	145	155	<del>80</del>	<del>80</del>	80	170	180	190	425	214.370
DAYAN BARRERA	JALAPA	62.1	63	16	125	150	<del>175</del>	80	<del>90</del>	<del>90</del>	<del>170</del>	170	<del>180</del>	400	197.006
MELANY CAAL	ALTA VERAPAZ	69.9	72	18	<del>180</del>	<del>180</del>	180	85	<del>90</del>	90	<del>180</del>	180	190	460	207.778
MICHAEL CHEN	ALTA VERAPAZ	52.55	53	19	265	275	300	140	<del>155</del>	<del>155</del>	285	295	<del>310</del>	735	323.592
BRYAN REYES	ESCUINTLA	50.55	53	15	240	245	250	140	165	<del>170</del>	275	285	<del>300</del>	700	321.074



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					SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3		
JOSE ICAL	JALAPA	57.7	59	19	405	<del>430</del>		205	<del>230</del>		405			1015	407.225
BRUS SAZO	ESCUINTLA	59	59	16	315	365	375	185	<del>205</del>	<del>205</del>	315	365	385	945	371.296
JHONY CARDONA	GUATEMALA	56.95	59	16	275	300	320	165	190	<del>205</del>	295	330	340	850	345.305
SERGIO CU	ALTA VERAPAZ	55.85	59	19	275	295	<del>315</del>	150	185	<del>195</del>	310	340	<del>350</del>	820	339.478
WILLIAM CARCUS	SACATEPEQUEZ	56.85	59	19	<del>250</del>	<del>250</del>	<del>250</del>							0	0.000
AROLDO LEMUS	JALAPA	64.85	66	15	315	365	385	165	185	<del>205</del>	315	350	375	945	341.505
OSCAR JERONIMO	GUATEMALA	64.6	66	15	275	320	365	175	<del>215</del>	<del>215</del>	305	<del>315</del>	<del>315</del>	845	306.363
FERNANDO FERNANDEZ	ALTA VERAPAZ	60.7	66	17	275	285	<del>315</del>	165	180	190	320	330	355	830	317.716
GABRIEL ALVAREZ	SACATEPEQUEZ	64.25	66	17	260	<del>270</del>	<del>270</del>	160	170	<del>180</del>	295	310	320	750	273.179
JULIO FERNANDEZ	GUATEMALA	72.1	74	19	365	380	450	185	225	<del>250</del>	365	385	405	1080	359.086
JOHNY BARAHONA	ALTA VERAPAZ	67.7	74	18	330	350	<del>405</del>	175	190	200	330	385	405	955	333.206
ANDERSON VELASQUEZ	ESCUINTLA	69.05	74	18	<del>315</del>	345	365	170	185	195	315	345	<del>365</del>	905	310.876
JOSE PEREZ	JALAPA	68.95	74	15	295	315	335	170	185	<del>205</del>	315	350	<del>390</del>	870	299.208
JAVIER DUARTE	SACATEPEQUEZ	70.75	74	17	<del>270</del>	270	280	170	<del>180</del>	<del>180</del>	305	315	335	785	264.670
KURTH JIMENEZ	ESCUINTLA	75.45	83	18	315	345	365	180	185	<del>205</del>	315	355	370	920	296.123
DANNY BARRERA	JALAPA	76.55	83	18	295	315	335	180	195	<del>205</del>	315	345	<del>370</del>	875	278.860
DIEGO GUERRERO	SACATEPEQUEZ	93	93	17	350	365	<del>385</del>	190	225	<del>235</del>	365	405	415	1005	286.374