



# FEDERACION NACIONAL DE LEVANTAMIENTO DE POTENCIA

GUATEMALA C. A.



## JUEGOS REGION OCCIDENTE 2018

25/08/2018

| NOMBRE           | EQUIPO        | PESO  | CATEGORIA | EDAD | SQUAT          |                |                | BENCH PRESS   |               |                | DEAD LIFT      |                |                | TOTAL | WILKS PTS. |
|------------------|---------------|-------|-----------|------|----------------|----------------|----------------|---------------|---------------|----------------|----------------|----------------|----------------|-------|------------|
|                  |               |       |           |      | SQ-1           | SQ-2           | SQ-3           | BP-1          | BP-2          | BP-3           | DL-1           | DL-2           | DL-3           |       |            |
| BRENDA TIQUIRAM  | QUICHE        | 41.5  | 43        | 18   | 100            | 120            | <del>145</del> | <del>60</del> | 60            | <del>65</del>  | 150            | 165            | 175            | 355   | 235.373    |
| DELMY GARCIA     | CHIMALTENANGO | 46.3  | 47        | 19   | <del>185</del> | 185            | 205            | 85            | 95            | <del>105</del> | 185            | 210            | 225            | 525   | 323.725    |
| LILIAN GONZALEZ  | SAN MARCOS    | 45.9  | 47        | 16   | 135            | 145            | <del>160</del> | 65            | <del>75</del> | <del>75</del>  | 155            | 165            | 175            | 385   | 238.866    |
| MARIA PASCUAL    | HUEHUETENANGO | 46.95 | 47        | 15   | 105            | 125            | <del>135</del> | 65            | <del>70</del> |                | 155            | 170            | <del>180</del> | 360   | 219.779    |
| ALEJANDRA LAYNEZ | QUICHE        | 50.1  | 52        | 16   | <del>205</del> | 215            | <del>225</del> | 95            | 105           | <del>115</del> | 215            | 220            | 225            | 545   | 317.097    |
| WENDY LOPEZ      | CHIMALTENANGO | 49.25 | 52        | 17   | 185            | 205            | 215            | <del>70</del> | 70            | 80             | 185            | 205            | <del>225</del> | 500   | 294.702    |
| AMPARO ALVA      | HUEHUETENANGO | 51.9  | 52        | 19   | 135            | 145            | 155            | <del>70</del> | <del>70</del> | 70             | 160            | 170            | 185            | 410   | 232.190    |
| DULCE LUX        | QUICHE        | 57    | 57        | 16   | 175            | 205            | 235            | <del>75</del> | 95            | 105            | 205            | 225            | 235            | 575   | 302.654    |
| ANA CABA         | HUEHUETENANGO | 53    | 57        | 19   | 145            | 165            | 175            | 75            | 80            | <del>85</del>  | 165            | 180            | 190            | 445   | 247.953    |
| DORIS RODRIGUEZ  | CHIMALTENANGO | 58.7  | 63        | 18   | 275            | 300            | <del>325</del> | 105           | 125           | <del>140</del> | 275            | 295            | <del>305</del> | 720   | 370.353    |
| BETZABE MARTINEZ | HUEHUETENANGO | 60.55 | 63        | 18   | <del>145</del> | 145            | 155            | 80            | <del>85</del> |                | 170            | 180            | 195            | 430   | 215.917    |
| ESTER LOPEZ      | SAN MARCOS    | 58.65 | 63        | 18   | 120            | 135            | 155            | <del>80</del> | <del>80</del> | <del>80</del>  |                |                |                | 0     | 0.000      |
| JENNIFER PASCUAL | HUEHUETENANGO | 71.9  | 72        | 19   | 155            | 175            | 195            | <del>85</del> | 85            | 95             | 175            | 205            | <del>215</del> | 495   | 219.344    |
| JUANITA TERRAZA  | QUICHE        | 68.5  | 72        | 16   | <del>125</del> | 190            | <del>205</del> | 85            | <del>95</del> | <del>95</del>  | 175            | <del>205</del> | <del>205</del> | 450   | 206.160    |
| EDMA GARCIA      | SAN MARCOS    | 70.45 | 72        | 17   | 145            | 155            | 165            | 85            | <del>90</del> | <del>90</del>  | <del>175</del> | <del>175</del> | 175            | 425   | 190.947    |
| EDWARD CHUC      | CHIMALTENANGO | 52.9  | 53        | 17   | 275            | 290            | 310            | 140           | 160           | <del>175</del> | 275            | 305            | 325            | 795   | 347.592    |
| MARIO CALVO      | QUICHE        | 51.6  | 53        | 18   | 260            | <del>295</del> | 295            | 140           | 155           | 160            | 285            | 315            | <del>335</del> | 770   | 345.533    |
| NELSON SEBASTIAN | HUEHUETENANGO | 52.95 | 53        | 17   | 240            | 275            | 280            | 140           | 150           | <del>155</del> | 275            | 300            | <del>315</del> | 730   | 318.874    |



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|-----------------|---------------|-------|-----------|------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-------|------------|
|                 |               |       |           |      | SQ-1           | SQ-2           | SQ-3           | BP-1           | BP-2           | BP-3           | DL-1           | DL-2           | DL-3           |       |            |
| MARCOS CALLEJAS | CHIMALTENANGO | 58.8  | 59        | 18   | <del>365</del> | 365            | <del>385</del> | 185            | <del>205</del> | <del>205</del> | 385            | 405            | 415            | 965   | 380.336    |
| NICOLAS DE LEÓN | SAN MARCOS    | 54.45 | 59        | 19   | 275            | 315            | 325            | 165            | <del>205</del> | 205            | 315            | 355            | <del>405</del> | 885   | 375.742    |
| FRANCISCO LOPEZ | QUICHE        | 58.5  | 59        | 16   | 275            | 315            | 325            | <del>165</del> | 165            | <del>175</del> | 315            | <del>355</del> | <del>355</del> | 805   | 318.809    |
| PEDRO SOSOF     | SOLOLA        | 59    | 59        | 18   | 275            | <del>315</del> | <del>315</del> | 170            | 185            | <del>200</del> | 285            | 315            | <del>330</del> | 775   | 304.502    |
| BRYAN HERNANDEZ | HUEHUETENANGO | 58.45 | 59        | 17   | 250            | <del>265</del> | <del>275</del> | 150            | 155            | 160            | 285            | 295            | <del>315</del> | 705   | 279.429    |
| JONY ARMIRA     | CHIMALTENANGO | 66    | 66        | 16   | 375            | 400            | 425            | 185            | 205            | <del>215</del> | 385            | 405            | 425            | 1055  | 375.753    |
| RICARDO LAYNEZ  | QUICHE        | 61.25 | 66        | 16   | 365            | 385            | <del>415</del> | 165            | 185            | <del>215</del> | 405            | 435            | <del>455</del> | 1005  | 381.605    |
| KEVIN GOMEZ     | HUEHUETENANGO | 60    | 66        | 16   | 315            | <del>340</del> | <del>340</del> | 180            | <del>195</del> | 195            | 325            | <del>350</del> | <del>365</del> | 835   | 323.039    |
| AXEL PEREZ      | SAN MARCOS    | 60    | 66        | 18   | 260            | <del>285</del> | 285            | 160            | 175            | 185            | 295            | 305            | 320            | 790   | 305.630    |
| BRAYAN LOPEZ    | CHIMALTENANGO | 72.9  | 74        | 18   | 345            | 365            | 385            | 170            | 195            | <del>205</del> | 385            | 405            | 425            | 1005  | 331.459    |
| HECTOR TEVALAN  | QUICHE        | 70.25 | 74        | 18   | 315            | 335            | <del>350</del> | 175            | <del>185</del> | 185            | 335            | 355            | 385            | 905   | 306.812    |
| PABLO FUENTES   | SAN MARCOS    | 68.1  | 74        | 18   | 275            | <del>295</del> | <del>295</del> | <del>170</del> | 170            | 180            | 325            | 350            | 375            | 830   | 288.237    |
| ALBERTO YOJCOM  | SOLOLA        | 71    | 74        | 15   | <del>275</del> | 285            | <del>300</del> | 170            | 185            | 205            | <del>305</del> | <del>305</del> | <del>305</del> | 0     | 0.000      |
| BRYRON SANCHEZ  | HUEHUETENANGO | 67.1  | 74        | 19   |                |                |                |                |                |                |                |                | 0              | 0     | 0.000      |
| OMAR BETETA     | QUICHE        | 74.4  | 83        | 18   | 325            | 345            | 360            | 180            | <del>205</del> | 205            | 410            | 430            | 435            | 1000  | 325.048    |
| JUAN ALVA       | HUEHUETENANGO | 76.15 | 83        | 16   | 280            | 290            | <del>300</del> | 180            | 0              | 0              | 310            | <del>315</del> | <del>315</del> | 780   | 249.468    |
| JIMMI REYES     | CHIMALTENANGO | 92.1  | 93        | 17   | 325            | 360            | 385            | 225            | 245            | 265            | 385            | <del>405</del> | 405            | 1055  | 302.010    |
| LUIS CANO       | HUEHUETENANGO | 88.65 | 93        | 18   | 315            | 335            | 340            | <del>185</del> | 185            | 215            | 315            | 335            | 350            | 905   | 264.119    |